



Airway Questionnaire

Please fill out this form as accurately and honestly as possible by putting an X next to the statements that apply. Dr. Richard Ting is a leading dental expert and senior member of The Airway and Prosthodontic Study Group, which addresses specific issues of breathing, formation and function of the upper airway that affect your total health and wellness. It is documented that mildest form of Sleep Disorder Breathing and SNORING impairs neurobehavioral development. Based on this wellness model, Dr. Ting will evaluate your facial and cranial body as a whole, treat the underlying causes, restore optimal breathing and sleep habits, improve your overall health and elevate your quality of life.

Patient Name _____ Date _____

- While sleeping, does your child snore more than half the time?
- While sleeping, does your child always snore?
- While sleeping, does your child snore loudly?
- While sleeping, does your child have "heavy" or loud breathing?
- While sleeping, does your child have trouble breathing, or struggle to breathe?
- Have you even seen your child stop breathing during the night?
- Does your child occasionally wet the bed, sleepwalk, or have night terrors (circle what applies)?
- Does your child tend to breathe through the mouth during the day?
- Does your child have a dry mouth on waking in the morning?
- Does your child wake up un-refreshed in the morning?
- Does your child wake up with headaches in the morning?
- Is it hard to wake up your child in the morning?
- Does your child have a problem with sleepiness during the day?
- Has a teacher or supervisor commented - your child appears sleepy during the day?
- Did your child stop growing at a normal rate at any time since birth?
- Is your child overweight?
- This child does not seem to listen when spoken to directly
- This child often has difficulty organizing tasks and activities
- This child often is easily distracted by extraneous stimuli
- This child often fidgets with hands or feet, or squirms in seat
- This child often is "on the go" or often acts as if "driven by a motor"
- This child often interrupts or intrudes on others (butts in conversations or games)

Signature of patient or guardian: _____ Date: _____

Relation of signer? _____